



WEDNESDAY WRAP-UP

Of the Geneva, New York Rotary Club

www.GenevaRotaryClub.org

Miss a meeting? Make it up at
www.RotaryEClubOne.org

**Wednesday,
Sept. 8, 2021**

Next week:

Linda Kohl and Dave
Hannah

President Stephanie led us in the Pledge of Allegiance and gave the invocation.

Guests

Karen Quartaro, Newark Rotary
Steve Kirsch, Speaker and son of Paul Kirsch

Announcements

The Geneva Chamber of Commerce is hosting Business After Hours at Big Alice Brewing (former Gael Brewing) today from 4 to 6 pm.

Happy/Sad Dollars

- Ruthie Leo celebrated her 20th Anniversary of retiring from Georgia Tech and moving back to Geneva.
- Jerry Forcier had a happy dollar for our speakers Paul and Steve Kirsch
- Mary Lawthers went to the new Hall Dinner for great-granddaughter's birthday lunch
- Jim Dickson is happy for Michigan's win over Western Michigan
- Ted Baker is happy for Hobart football team's win against Alfred and the return of high school sports

50/50

Paul Bleakley shared \$39 (\$20/\$19) with the Foundation. Congrats Paul!

Program

Jerry Forcier introduced our own Paul Kirsch and his son, Steve Kirsch, who shared information on Parkinson's Disease (PD).

- PD is a complex, multi-symptomatic, debilitating, incurable disease that strikes more men than women.
- PD is a collections of symptoms that can be divided into non-movement and movement

- There are 20 noted non-movement symptoms – speech and swallowing problems, loss of smell, hallucinations, and small handwriting
- There are seven noted movement symptoms – tremors, stooped posture, slowness, stiffness, and pain
- The Mayo Clinic has identified seven chief symptoms – tremors, slowed movement, rigid muscles, stooped posture and impaired balance, automatic movements (blinking, smiling or swinging arms), speech changes (speaking softly, quickly, slurring, or hesitating before speaking), and writing changes.
- Symptoms with PD or reactions to PD medications – dreaming in full color, hallucinations, and delusions.
- Although there are five symptom stages of PD, individuals may have symptoms that appear in more than one stage or symptoms may disappear over time.
 - Mild symptoms - do not interfere with daily activities
 - Getting worse symptoms - a person is still able to live alone but daily tasks become more difficult and take more time
 - Mid-stage symptoms - a person is still fully independent but activities are significantly impaired
 - Severe and limiting symptoms - a person needs help with daily activities and can't live alone
 - Advances and debilitating symptoms - a person requires a wheelchair or is bedridden, and around the clock care is required
- There has not been much research on PD death. A person does not die from PD. There are indications that pneumonia and broken bones from falls are greater causes of PD death.
- Paul's personal reflections
 - You learn to cope like you've never coped before
 - Focus on living life every day to the fullest

Future speakers:

9/15 Linda Kohl and Dave Hannah – Cook award presentation
 9/22 Karen Fahy and Jerry Buckley from HWS on Geneva 2030

Submitted by Kerry Lippincott

Four way test:
“Of the things we think, say or do:”

1. Is it The Truth?
2. Is it Fair to All Concerned?
3. Will it Build Goodwill and Better Friendships?
4. Will it be beneficial for All Concerned?

Stephanie Hesler	Gerald Forcier	Diana Perry	Ford Weiskittel	Bob McFadden	Kelsey Journell
President	President-Elect	Vice President	Secretary	Club Treasurer	Foundation Treasurer